

Junior Coach Program Guidelines

APPROVED 6/2022

JUNIOR COACH VOLUNTEER PROGRAM:

The purpose of the Junior Coach Volunteer Program is to allow skaters interested in becoming a junior coach the opportunity to gain experience. This role will also be overseen by the Junior Coach Coordinator. Volunteers may assist with group lessons, learn to skate and other events as requested by the Board or Directors or the Junior Coach Coordinator but these hours do not go toward the junior prep program. This is strictly helping/volunteering. An application form must be on file for all volunteers.

Requirements:

1. Age 10+ and in ISI Freestyle 2+ or USFS equivalent
2. Current ISI member
3. Current New Ulm Figure Skating Club Member
4. Currently enrolled in school
5. Must be ready and able to assist during group lessons
6. Complete Junior Coach Program Application

Responsibilities:

1. Assist coaches at group lessons, making sure all skaters get equal lesson time. The class coach will direct you as to what they would like you to do and you will assist wherever needed.
2. Become familiar with the ISI handbook for the appropriate skills and testing standards at each progressive level taught in group lessons
3. Demonstrate a positive attitude, engage with skaters and recognize you are now a role model. Do not huddle with other coaches or skaters. This is time to focus on the new/younger skaters.
4. Be on time with skates on, waiting on the ice for the skater's lesson time.

JUNIOR COACH PREP PROGRAM:

The purpose of the Junior Coach Prep Program is to allow skaters interested in becoming a junior coach the opportunity to gain experience. This role will also be overseen by the Junior Coach Coordinator.

Requirements:

1. Age 12+ and in ISI Freestyle 4+ or USFS equivalent
2. Current ISI member
3. Current New Ulm Figure Skating Club Member
4. Currently enrolled in school
5. Must be ready and able to assist during group lessons
6. Complete Junior Coach Program Application

Responsibilities:

1. Assist coaches at group lessons, making sure all skaters get equal lesson time. The class coach will direct you as to what they would like you to do and you will assist wherever needed.
2. Become familiar with the ISI handbook for the appropriate skills and testing standards at each progressive level taught in group lessons
3. Find a replacement to take your place in case of an absence.
4. Demonstrate a positive attitude, engage with skaters and recognize you are now a role model. Do not huddle with other coaches or skaters. This is time to focus on the new/younger skaters.
5. Be on time with skates on, waiting on the ice for the skater's lesson time.
6. Track your volunteer hours and submit them for approval to the Junior Coach Coordinator.

Compensation:

The Junior Coach Prep Program participant is not compensated, it is strictly volunteer.

JUNIOR COACH PROGRAM:

The Junior Coach may be a private ice coach and/or act as a secondary coach for students by assisting a primary, professional coach with competition or USFS test preparation during private ice contracts.

Applicant Requirements:

- 1.) Age 15+ and in ISI Freestyle 5+ or USFS equivalent.
- 2.) Shadowed group lessons for a minimum of 20 hours.
- 3.) Current New Ulm Figure Skating Club and ISI members
- 4.) Currently enrolled in school
- 5.) Ready and able to teach group lessons
- 6.) Ready and able to coach one on one lessons during private ice.
- 7.) Complete Junior Coach Program Application

Application may be submitted at any time during the skating year once the requirements to become a Junior Coach have been met.

Responsibilities:

1. Facilitate group lessons and the appropriate skills and testing standards at each progressive level as designated in the ISI Handbook.
2. Find a replacement to take your place in case of an absence.
3. Demonstrate a positive attitude, engage with skaters and recognize you are now a role model.
4. Be courteous and respond to emails, texts and voicemails within 24 hours.
5. A junior coach should attend any required meeting or training as designated by the Junior Coach Coordinator.
6. A junior coach will shadow a coach, with 5 or more years of coaching experience, for a minimum of 15 hours of private ice. It's preferred that the junior coach shadows more than 1 coach and preferably not their own private ice coach. It's required that the junior coach shadows at least 3 different ISI skating levels.
7. Upon the completion of 15 hours of private ice shadowing, a junior coach will work with the Junior Coach Coordinator, to deliver private ice lessons. Skater ISI testing will be administered by the Junior Coach Coordinator. A skater will need a primary (non-junior) coach for competition or USFS testing.
8. Junior coaches may have no more than 3 skaters in their first year. They may add an additional skater each year thereafter. Junior Coach Coordinator must be provided with a Junior Coaches' students' name(s), contract, lesson length, student's primary coach, and any other information requested.
9. Junior Coaches may coach skaters no higher than 2 levels under their current skating level.

Compensation:

Junior Coaches are able to charge for their services, up to \$12 per hour. They may increase \$1 per hour each year after the first. Junior coaches will be compensated for group lessons according to the scale for Junior Coaches set by the Board of Directors and Junior Coach Coordinator.

After being a junior coach, a skater may apply to be a professional coach within the NUFSC. In order to apply to be an NUFSC professional coach, they must be 18 years of age and have graduated high school. To apply, they will fill out a formal application and have an interview with NUFSC board members/hiring committee.

New Ulm Figure Skating Club

Junior Coach Program Application

Position Applying For:

- Junior Coach Volunteer (10+ and FS 3+)
- Junior Coach Prep (12+ and FS 4+)
- Junior Coach (15+ and FS 5+)

Name: _____

Address: _____

Date of Birth: _____

Phone: _____ Email: _____

ISI Skating Level: _____

USFS Moves Level: _____ USFS Freestyle Level: _____

Number of Years with NUFSC: _____

Please provide a paragraph about why you are interested in becoming a Junior Coach:

By signing this form I am verifying that I have met the requirements for the position in which I am applying. I fully understand the expectations of this role and will do my best to represent myself and NUFSC at all times.

Parent Signature: _____ Date: _____

Skater Signature: _____ Date: _____